

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



CATERING WITH THE RIGHT INGREDIENTS



Autumn/ Winter 2021

At: **Pikemere Primary**

November 2021

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2022

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2022

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	





Autumn/ Winter Menu 2021

Week 1

Week 2

MONDAY

Organic Beef Meatballs in Tomato Sauce & Pasta

Jacket Potato with a Choice of Fillings (v)

Cheese Sandwich

Fresh Fruit Platter or Organic Yogurt or Biscuit

MONDAY

Ratatouille Ravioli with a Tomato Sauce

Jacket Potato with a Choice of Fillings (v)

Cheese Sandwich

Fresh Fruit Platter or Organic Yogurt or Biscuit

TUESDAY

Homemade Cheese & Tomato Pizza (v)

Homemade Pasta Italiane (v)

Tuna Sandwich

Fresh Fruit Platter or Fruity Flapjack

TUESDAY

Homemade Southern Style Chicken Chunks

Homemade Cheesy Pasta (v)

Tuna Sandwich

Fresh Fruit Platter or Fruit Crumble & Custard

WEDNESDAY

Roast Chicken with Mashed/Roast Pots & Mixed Veg

Homemade Vegetable Lasagne (v) Garlic Bread

Cheese Sandwich

Fresh Fruit Platter or Chocolate Sponge

WEDNESDAY

Butchers Sausage with Mash Potatoes

Quorn Chilli with Rice (v)

Cheese Sandwich

Fresh Fruit Platter or Chocolate Surprise Brownie

THURSDAY

Chicken Korma with Rice & Naan Bread

Jacket Potato with a Choice of Fillings (v)

Ham Sandwich

Fresh Fruit Platter or Sponge & Custard

THURSDAY

Hunters Chicken with Potato Wedges

Homemade Pasta Italiane (v)

Ham Sandwich

Fresh Fruit Platter or Sponge & Custard

FRIDAY

Minced Beef Pie

Fish Fingers with Chips, Beans & Sweetcorn

Cheese Sandwich

Fresh Fruit Platter or Chocolate Oatie Biscuit or Yogurt

FRIDAY

Battered Fish Fillet with Chips

Beef/ Vegetarian Pasta Bolognese Garlic Bread

Cheese Sandwich

Fresh Fruit Platter or Ginger Biscuit or Yogurt

